

# THE FIRST EDITION FEBRUARY 2012

First English Lutheran Church ☐ 511 W. Belle St. ☐ Cannon Falls, MN 55009

Phillip R. Ruud, Senior Pastor

## Jonah for Lent

Jonah...for Lent? Sounds fishy, but it's a natural fit. Jonah was swallowed by a fish for three days, emerging to call sinners to repent—to return to a forgiving God.

Jesus was swallowed by death for three days, emerging to announce God's grace to all sinners—even us.

Jesus refers to the story of Jonah in a way that assumes his hearers know it. (Read Matthew 12:38-41) Luther once wrote:

*“This is an exceptionally wonderful story. Even Christ seems to have been delighted with it. And later he said, “Jonah represents an excellent, outstanding, and comforting example of faith and a mighty and wonderful sign of God’s goodness to all the world.”*

The story of Jonah is a story filled with grace and humor. It has so many fun ingredients: sailors, a ship, a storm, a fish, evil enemies, ashes, a plant, a worm, a hot desert wind, and cows.

Jonah this Lent? It might not be as fishy as it sounds.

Services on **Ash Wednesday, February 22** will be held at **2 and 7 p.m.** Our church youth will serve a **pancake supper** from **5:45—6:30 p.m.**

The rest of the **Lenten Mid-Week Services** up until Holy Week will be held at **6 p.m.** Along with readings, preaching, and visual illustrations from the Book of Jonah we will use the Holden Evening Prayer Service. **Soup Suppers** will be served following these services at approximately **6:45 p.m.**

All of the ingredients for a Great Lent are here. Please make sure that you aren't the only ingredient that is missing.

Yours in Christ,  
Phil Ruud, Pastor

P.S. In preparation for Lent, why not sit down for a few minutes and read through the Book of Jonah. It is only five pages of easy reading in the Bible. I'm sure that you will discover that this great story is included in the Bible for good reason.

## 2012 LENTEN WORSHIP SCHEDULE

<b>Ash Wednesday, February 22</b>	<b>2 &amp; 7 p.m. Worship</b> <b>Fellowship following 2 p.m. Worship</b> <b>5:45-6:30 p.m.</b>	<b>GOD IS CALLING</b> Pancake Supper
<b>Wednesday, February 29</b>	<b>6 p.m. Lenten Worship</b> <b>6:45 p.m.</b>	<b>SAVED IN THE STORM</b> Soup Supper
<b>Wednesday, March 7</b>	<b>6 p.m. Lenten Worship</b> <b>6:45 p.m.</b>	<b>OUR PROVIDING GOD</b> Soup Supper
<b>Wednesday, March 14</b>	<b>6 p.m. Lenten Worship</b> <b>6:45 p.m.</b>	<b>PRAYING IN THE BELLY</b> Soup Supper
<b>Wednesday, March 21</b>	<b>6 p.m. Lenten Worship</b> <b>6:45 p.m.</b>	<b>THE GOD OF THE SECOND CHANCE</b> Soup Supper
<b>Wednesday March, 28</b>	<b>6 p.m. Lenten Worship</b> <b>6:45 p.m.</b>	<b>ABOUT FACE</b> Soup Supper
<b>Maundy Thursday, April 5</b>	<b>2 &amp; 7 p.m. Holy Communion</b>	
<b>Good Friday, April 6</b>	<b>7 p.m. Worship</b>	

# Dinner for Eight

Real People \* Friendly Conversation \* Laughter

Time to build relationships with old and new friends

All over dinner – each bringing a dish to share.

***Sign up in the Narthex or call the church office at 507.263.3042***

## **MEMORIALS & GIFTS**

### **JANUARY 2012**

**In Memory of Ervin Harsdorf** from Betty Nelson, Gary & Pat Anderson

**In Memory of Beverly (Hallberg) Robinson** from Marlys Weber, Elvena Schmugge

**In Memory of Roberta Flom** from Virgil & Dar Qualle, Dick & Jeanette Sutherland,

Jim & Arletta Soule, Grayden & Loraine Moorhouse, Gary & Kitty Robinson, Flom Family, Todd & Kathy Swanson, Bev Stedman, Ann Lundell, Herbert & Pauline Nerison, Alice Otterness, Louise Robinson, Nancy Sebo, Dallas & Jan Larson, Lyle & Jeri Noble, Merle & JoAnne Johnson, Bernice Nelson, Allen & Kay Erickson, Jim & Babe Nelson

**In Memory of Gerald Kuhn** from Marcine Lundell

**In Memory of Marjorie Svedberg, Frank Wamback, Eleanor McCoy** from Ray Todd, Grayden & Loraine Moorhouse, Jim & Babe Nelson

**In Memory of Bill Hanson** from Harvey & Irene Sumner, Bev Stedman

**In Memory of Anna Johnson** from Doug & Lynn Larson, Bev Stedman, Jim & Lynette Pagel, Phyllis Wilson, Sarah Novotny

**In Memory of Helen Ohr** from Lynn & Doug Larson, Bev Stedman, Jim & Lynette Pagel, Roland & Dort Spillman, Sarah Novotny

Please call Prayer Chain Coordinators: Marcine Lundell,

Marlys Weber or the church office to place your prayer request or if you'd like to be a prayer petitioner on the Prayer Chain.

Church Office: 507-263-3042 or e-mail: felccf@frontiernet.net

Marlys Weber: 507-263-2737

Marcine Lundell: 507-263-9146

## **MEMORIAL & GIFT OPPORTUNITIES**

### **Needs**

- Gift toward the *principle* of the building loan.
- Wall Welcome Banner
- Two occasional chairs & table for informal setting in narthex.
- Cameras (\$6,000 est.)
- Three Screens
- Folder Machine for Office

The Memorials/Furnishings Committee was established to coordinate good stewardship and the designation of gifts and memorials to First English, as well as, placement and use of such gifts. Remember, these gifts are in addition to your pledge to building fund **LET GOD'S GRACE SHINE**. If you are planning to give a gift or memorial, please contact the church office.

*Thank you - Dar Qualle, Kathy Swanson, Betty Nelson, Jeri Noble, Jackie Van Guilder*

\*THE COMMITTEE HAS ATTEMPTED TO PRIORITIZE ITEMS MORE URGENTLY NEEDED. WE ARE WORKING ON ESTABLISHING AN ESTIMATED DOLLAR AMOUNT. IF YOU ARE INTERESTED IN CONTRIBUTING TOWARD THESE ITEMS OR OTHERS, PLEASE CONTACT A COMMITTEE MEMBER OR PASTOR PHIL.

# **2012 VBS WILL BE JUNE 18-22**

## **MARK YOUR CALENDARS!**

Sunday, February 26, 2012

2 p.m. Show

\$36 per person includes ticket & bus transportation

Sign-Up on the Bulletin Board in the Narthex or call the church office at 263-3042

Deadline for sign-up is Sunday, February 19th.

## **Sub Sandwiches FOR SALE**

**Only \$4 each or 12 for \$45**

**With two kinds of cheese, three kinds of meat.**

**Great fresh or freeze for later.**

**This batch of delicious subs will be made fresh on Sat., Feb. 4 so you can pick them up for**

**Super Bowl Sunday, February 5.**

**Sign up for yours today!**

### **WORLD HUNGER UPDATE**

A brand New Year on our calendar. Many families are run by and supported by women. \$50-\$500 can help women start a business. \$150 provides school breakfasts and daily vitamins in Mexico. \$500 buys a machine to spin wool in Peru.

Through ELCA World Hunger we accompany—walk with-neighbors in need.

God's math: Give a gift to the ELCA World Hunger Appeal for every pair of shoes you own.

Read: 1 John 2:3017

## **FIRST THINGS FIRST**

STEWARDSHIP 2012

The winter season finally caught up to us in mid-January and even though we didn't have a white Christmas and plenty of folks

appreciated the mild winter weather during this Christmas season. With 2011 now in the history books the Stewardship Committee would like to update you on our church finances compared to one year ago and to also give you a preview of our

three-year Building Pledge drive which we will kick off in April.

We are pleased to say our church ended 2011 with positive cash flow. Our expenses in 2011 totaled \$409,840 and our income

totaled \$413,018. As always we thank you for your giving. These monies continue to help our congregation work toward its

mission and continue to grow in our relationship with Jesus.

In 2012 we will mark another milestone toward paying off the mortgage on our Church by completing our "Let God's Grace Shine" three year building campaign. We are excited to kick off another three year campaign in April with pledge Sunday

being May 6<sup>th</sup>, 2012. Please begin to pray and discuss your families pledge for the next three years. We are almost over the interest hump and with your generous giving we hope to be able to accelerate the mortgage payments. Stay tuned for more information as the pledge drive gets closer. If you would like to use your time and talents to work with the Stewardship Committee on this project please contact Phil Ruud or Keith Meyers.

Once again, we thank you for your continued giving - it makes a difference.

Sincerely,

The Stewardship Committee

David Lindor, Rick Hughes, Pastor Ruud, Pastor Forsgren, Jackie VanGuilder, Dolly Beebe, Jeff Hommedahl and Keith Meyers.

Save your **Betty Crocker Box Tops for Education, Kemp's GIVE 'EM 5 cents, Nature's Kwik Trip Milk MOOLAH...** and from the Cannon Falls Econo Food Store—**Our Family bar codes, soup labels, and Campbell's Soup Labels for education.** Please place them in the marked box in the church office.  
**Thank you!**

We continue to collect Cannon Falls Econo Foods grocery receipts and give the proceeds to the CCIC Good Samaritan Fund. When we save \$150,000 in receipts, we will receive \$1,000. The collection box is in the church office.

**Total receipts received: \$9,415.88 Only \$140,584.12 to go! Round #9 Thank you!**

Guidelines for the CCIC Good Sam Fund can be found on our website at [www.firstenglishchurch.com](http://www.firstenglishchurch.com)

## ADULT FORUMS

Sundays 9:15-10:15 a.m. in the Conference Room Adjacent to the Sanctuary & Narthex

### **MAX ON LIFE**

Pastor Max Lucado is a popular author and influential Pastor. We will use this video series that will lead us into conversation and Bible Study on important life questions. This has 8 sessions and in January we will focus on these themes:

<b>Sun., February 5</b>	<b>Home</b>
<b>Sun., February 12</b>	<b>Haves/Have-Nots</b>
<b>Sun., February 19</b>	<b>Hereafter</b>
<b>Sun., February 26</b>	<b>Humanity</b>

**Newsletter Deadline for the March issue of the newsletter Ash Wed., Feb. 22**  
**Deadline for changes to the Sunday bulletin 10 a.m. Thursday morning.**  
**Call church office 507.263.3042**

## Thoughts from Pastor Dan

Greetings and salutations! As I am sitting here at my computer thinking about what I should write for this newsletter article, I have a few different things going on in my mind; I think I'll mention both.

We just got back last night from our ski trip up to Spirit Mountain; I had intended to write this up there while I was Chaleting (I think I just made my own verb with that one!). But the lack of sleep from the night before only served to cloud my mind when I tried to form any sentences. So I stopped trying to think...it only made my feeble attempts at writing seem unintelligible. But I

did spend a lot of time interacting with the kids and adults, watching skiers, and just marveling at what a great group we had up there from Cannon Falls.

You should all be very proud of the youth from our church and from our community, every time I have the opportunity to lead a group somewhere I feel nothing but an overwhelming sense of pride that I get to be a part of ministry here. The group was respectful, and well-mannered; and in my own opinion, I would say one of the best hotel groups we have had on this trip. The youth did not have to be prompted or reminded to clean their rooms, when it came time to check the rooms they all passed swimmingly.

I hope and pray that these times of fellowship and fun the youth from our church spend together and with other youth from the community, serve as faith forming blocks on which they will continue to grow in their love of God and the creation that he made. Pastor Nick from Spring Garden did a great job delivering that message before the youth hit the slopes; kudos to him as well for his message and to all our chaperones as these trips could not happen without them. A special thanks for Mr. James Nelson who drove the bus and got us all there and back safely! It was a great trip.

My other thought concerns my office. Many of you know that I sometimes struggle to keep the papers and other types of work from accumulating too high on my desk, table, floor, chairs, let's face it my office does not provide the picture of an efficiently organized individual. More than that however, I looked at my office this morning and thought, "Is this a welcoming place?" It did not take me long to decide that it was not. I am thus working at cleaning my office and overhauling how I work in that space.

One of the ministries that we all have a responsibility for in God's kingdom is the ministry of hospitality, the ministry of welcome, a part of that is creating a welcoming place in which we can engage people in. For me, now, I am working on my office. How is your ministry of God's welcome going, where do you need to look and say, "I could do this better" ? I think we all have those places in our lives, it might be a physical place or it might be a mannerism, some people might find my quirky sense of humor unwelcoming, there are many aspects which can be looked at. My challenge to you this month; Are we all doing our best to welcome our neighbor into the kingdom of God?

In Christ,  
Pastor Dan

## **Parish Nurse**

## **February 2012**

Dear Family and Friends of First English,

*"Guard your heart above all else, for it determines the course of your life.."* - Proverbs 4:23

This is national heart health month and I want to share , again some facts about heart disease for men and women.

Do you know what your cholesterol levels are? Do you know what they mean? LDL is the 'bad cholesterol' and it

builds on the walls of your arteries and can cause cardiac problems. To lessen your risk of heart disease, your LDL number should be below 100 and if you have heart disease or blood vessel disease some experts recommend that you should try to get your LDL below 70. HDL is the 'good cholesterol' because it keeps the LDL from building up in your arteries. Optimal levels are 40 for men and 50 for women. The higher the number the better. Triglycerides are fats that are carried in the blood from the food we eat. Excess calories, alcohol, or sugar in the body are converted into triglycerides and stored in the fat cells throughout the body. The higher the number the greater the risk of heart disease. This number should be less than 150. Total cholesterol is the combination of LDL and HDL found in your bloodstream and should be less than 200. To keep these numbers under control, watch your diet and limit fatty foods.

Indigestion is one of the symptoms of heart disease. How do you determine when it is heart related and when it is the hot peppers you just ate? Since heartburn is not life-threatening, pay attention to other symptoms you may be having. Are you experiencing any heavy sweating, heart palpitations, or shortness of breath? If so, it could be heart related and you should see a physician right away. Heartburn will generally occur after a heavy meal and is quickly relieved with antacids. If you have any questions at all, call 911, go to the ER, and see a physician to rule out cardiac problems. It's better to find the episode a false alarm rather than be surprised by a heart attack.

To decrease your risk for heart disease it is important to maintain a healthy weight and to promote good circulation. Exercise can do that and should be part of your daily life. The optimum amount of exercise is 30-60 minutes of moderate exercise most days of the week. If it is difficult to carve out that much time, break it down into 10-15 minute intervals to get the same benefit. Walking can be done at the community center from 10:30 a.m.-1:30 p.m. or at the high school field house. Call Community Ed (263-6800) for times that are available.

If you have questions, give me a call or get more information from your health care provider. Take care of yourself—you are important to all of us in your family.

#### **UPCOMING EVENTS:**

**Sun., February 5**      **Blood Pressure Checks** in the church office after 8 a.m. service.

If you need it done at another time, please notify me at home or church.

**Fri., Feb. 10**      **Adventures In Learning:** 9:30 a.m. at St. Ansgars' Lutheran Church. The topic will be very interesting—"CAN-DO-CANINES". It will be how dogs are being trained to improve the quality of life for people with disabilities and at 10:45 a.m. Zach Wareham from the Cannon Falls Museum and Historical Society. The cost is \$6 which includes snacks and lunch. Reservations can be made by calling the Shepherd Center at 263-2136.

Watch for an announcement about a RESPITE CARE TRAINING CLASS. Volunteers are needed to relieve the stress caregivers are experiencing.

Betty Nelson, Parish Nurse  
263-2115—Home      263-3042—Church

## **MUSIC MINISTRY**

## **FEBRUARY 2012**

### **READ THE ANNUAL REPORT**

While annual reports may be boring for some people, they provide a quick view of what is happening in this church at this time in history. The annual report on Jan. 22, 2012 for the last year of 2011 will reveal this activity as well as on a musical and liturgical front. Note especially the activities of the Board of Worship and Music Committee over the past year.

## **MUSIC SCHEDULE 2012**

**for Choir, Praise and Worship Team, Brass Group (slightly revised)**

***(Choir does not rehearse the morning Praise Team sings)***

Feb. 5 - 10:30 - Choir

Feb. 12 - 8:00 - Choir

Feb. 19 - 10:30 - Choir

**Brass play** (rehearse Feb. 15 at 7 p. m.)

Wed. Feb. 22, 7:00 p. m. Ash Wednesday

Feb. 26 - **Praise Team** (rehearse Feb. 22 at 8:00 p. m.)

March 4 - 10:30

March 11 - 8:00

March 18 - **Praise Team**

(rehearse Mar. 14 at 7:00 p. m.)

March 25 - 10:30

April 1 - Palm Sunday - both services

**Brass play** (rehearse March 28, 7 p. m.)

April 5 - Maundy Thursday, 7:00 p. m.

(April 6 - Good Friday, Solo)

April 8 - Easter - both services

**Brass play** (rehearse April 5, 8 p. m.)

April 15 - solo

April 22 - **Praise Team** (rehearse April 18 at 7:00 p. m.)

April 29 - 10:30

May 6 - 8:00

May 13 - 10:30

May 20 - **Praise Team** (rehearse May 16 at 7:00 p. m.)

May 27 - Pentecost (Memorial Day) no choirs - one service, 9:00 a. m.

## **CHURCH COUNCIL HIGHLIGHTS**

*Thursday, January 12, 2012*

**Stewardship** – report by Jeff Hommedahl. The committee discussed a summary of the fall stewardship campaign. Phil provided them with a copy of his “First Things First” article from January and a copy of last year’s summary. Jeff Hommedahl will write the summary for the annual meeting. In February there will be a report on how we finished the year financially by Keith Meyer. The Building Capital Campaign “Here in this place” was discussed. Phil shared his idea for the building campaign in 2012 and a draft letter he wrote. A jigsaw puzzle will be a piece of the campaign. The goal is to find 60 people to handle 26 routes. They discussed having a lunch for the volunteers and to do some training. Also, a breakfast was discussed for Commitment Sunday.

**Worship and Music** – Holden Evening Prayer service will be used for the Lenten Services. The Story of Jonah will be the theme this year. Pastors will talk with Soup Supper Group to see if they need additional assistance.

**Youth and Family** – report by Pastor Dan. The Lock-In was held on December 16 with about the same number as in the past. This was the fourth year for this event. It was a good evening with little to no sleep. He is working with Pastor Dean Lundgren from

Urland Church to plan for the youth ski trip.

**Memorials and Furnishings** – Jeannie Shanik will make a quilt to go over the bench near the doors of the sanctuary. They will use \$150 from the Welcome Banner/Sign Fund. Monies from Helen Benson Memorial \$875 will be applied to the building loan principal. MSP

**Nominating Committee** – The committee has worked very hard and has a slate of individuals to fill the vacant positions. There will be a ballot at the Annual Meeting with all individuals listed.

**Old Business:** The Craig Scott Memorial of \$1,000 which was tabled at the last council meeting will be handled as usual by the Memorials and Furnishings Committee. MSP The Council reviewed the proposed budget and approve sending it to the annual meeting for congregational approval. MSP The Council Workshop is set for this Saturday, January 14, from 9-noon at the Church. Keith Holt will lead the group. There will be coffee and treats to start the event. Following the Christmas calling, council members are asked to turn in their calling sheets with any telephone number or other updates.

**New Business:** Karen Coakley and Joni Peine will pick up lunch for the annual meeting. They will get party subs, milk, and chips for approximately 100 people. The Stewardship Committee requested \$1,200 from the following sources: \$1,000 from the Soup Supper Fund, and \$20 from undesignated memorials. MSP

**Annual Meeting Minutes (Unapproved): January 22, 2012**

The meeting was called to order at 10:55 a.m. by Council President, Tom Shorter. After a short recess, the meeting continued. There were approximately 75 people in attendance.

**Secretary's Report:**

The Minutes from the previous annual meeting, January 23, 2011, were reviewed and approved as written.

**Treasurer's Report:**

Karen Anderson presented the 2011 Church Financial Report, which also included the Building Projects and Youth accounts reports. Karen presented a year-end balance in the General Fund of a positive \$1,414.25. The Building Fund ended with a balance of \$11,956.29 (which is short of the goal of 3 months of payment in reserve - \$6,347 x 3 months = \$19,041). The Youth Fund ended the year with a positive balance of \$11,208.08. In her report, Karen also included a break-down of the various expenditures as well as the gifts/donations which contribute to the fund balances. The books were audited by Cathy Rehm and Sharon Aamodt.

The Treasurer's Report was approved as presented.

**Pastor Phil Ruud's Report:**

Pastor Phil submitted a full written report, however, wanted to comment that he is proud of the work the congregation has done and is proud to serve as one of First English Lutheran Church's pastors. God will bless us and continue to use us to be a blessing in this New Year 2012 with Hope and Joy and Confidence in Christ.

**Pastor Dan Forsgren's Report:**

Pastor Dan also submitted a full written report. Pastor Dan is excited about the potential and the future of youth ministry at FELC. He wanted to thank the Congregation for supporting your youth.

**Committee Reports:**

The committee reports were provided in the annual report folder and were accepted as written.

**Old Business:**

None

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**New Business:**

The annual budget for 2012 was presented by Karen Anderson. She explained the various expenditures and how the budget is set up and then presented to the council for review, adjustment as necessary, and approval for presentation at the annual meeting for the congregation. The total expenses budget for 2012 is set at \$350,830 (a .72% increase) within that amount \$302,803 is set for the General Fund expenses (a .23% increase). The budget as presented was approved.

Election of members/delegates. A motion was made to accept a slate of officers for all but the Nomination Committee portion of the ballot. This motion was seconded and passed and as a result of this, the following individuals were elected:

Church Council (3-year term): Royce Anderson; Karen Coakley; Dawn Woodward; and Glen Aronson.

Foundation Board (3-year term): Greg Miller and Joni Peine

Synod Assembly Delegates (1-year term): Nancy Radman and Darrell Ista

Synod Assembly Alternates: Jennifer Allen and Mike Trelstad

CCIC Representative: Cathy Rehm

The final category needed an individual vote and the following individuals were elected:

Nominating Committee: Carrie Johnson, Tammy Meyers, and Jennifer Allen

Appreciation was shown for the outgoing Church Council Members – Joni Peini and Mark Sabin. A prayer was led by Pastors Phil Ruud and Dan Forsgren; a table prayer was sung; and all were invited to the lunch in the fellowship hall following the meeting.

Meeting was adjourned at 12:04 p.m.

Respectfully submitted,

Melissa Thomas, Church Council Secretary

**\* 2011 Annual Reports can be picked up at the church office if you'd like a copy to peruse.**

**February 2012 Worship Participants Needed—Volunteer Today!**  
**Sign up in the Narthex or call or e-mail the church office. felccf@frontiernet.net 507-263-3042**

Date	Acolyte	Lay Reader	Ushers	Greeters	Date	Acolyte	Lay Reader	Ushers	Greeters
Sun. Feb. 5 8 a.m.		Sarah Novotny	Darrell Ista Sarah Novotny	People of First English	Sun. Feb. 5 10:30 a.m.		Lynn Larson	Gary & Melissa Thomas	People of First English
Sun. Feb. 12 8 a.m.		Loraine Moorhouse	Mandi & Josh Hofstedt	People of First English	Sun. Feb. 12 10:30 a.m.		Jim Pagel	Ron & Ben Clow	People of First English
Sun. Feb. 19 8 a.m.		JoAnne Johnson	Jay & Tyler Chytracek	People of First English	Sun. Feb. 19 10:30 a.m.		Jen Allen	Kevin & Wendy Robinson	People of First English
Ash Wed., Feb. 22 2 p.m.	None Scheduled	Loraine Moorhouse	Grayden Moorhouse	People of First English	Ash Wed., Feb. 22 7 p.m.		Jim Pagel	Jim & Lynette Pagel	People of First English
Sun. Feb. 26 8 a.m.		Jim Edlund		People of First English	Sun. Feb. 26 10:30 a.m.		Karen Anderson	Shelly Egge	People of First English

**Communion Duties**

Sunday, Feb. 5	8:00 a.m. Worship Set-up :Martha Mensing & Cathy Rehm	10:30 a.m. Worship Clean-up: Joni Peine
Sunday, Feb. 19	8:00 a.m. Worship Set-up: Jeanette Sutherland	10:30 a.m. Worship Clean-up: People of First English
Ash Wed., Feb. 22	2 p.m. Set-up: JoAnne Johnson	7 p.m. Clean-up: Jim & Lynette Pagel

**Altar Guild: Ida Schabert & Cheryl Sabin**

**Communion Helpers**

	8:00 a.m.	10:30 a.m.
February 5	Steve Gesme	Karen Coakley
February 12	Steve Gesme	Royce Anderson
February 19	Jeff Tipton	Karen Coakley
Ash Wed. 2/22	Pastors	Karen Coakley
February 26	Steve Gesme	Royce Anderson

**Coffee Fellowship**

February 5	7th gr. Girls
February 12	Brenda Deutsch
February 19	Barb Elias
Ash Wed. 2/22	Lynette Pagel
February 26	Brenda Deutsch

**USHERS WANTED**

**IS YOUR CHILD IS SCHEDULED TO ACOLYTE? PLEASE CONSIDER PARTICIPATING ALONG WITH THEM AS AN USHER, LAY READER, OR GREETER. YOU CAN SIGN UP ON THE BOARD IN THE NARTHEX.**

**YOU CAN CONTACT KAREN COAKLEY AT 507-263-4305 TO USHER BEFORE SHE CALLS YOU!**

**YOU CAN CONTACT PR. DAN OR THE CHURCH OFFICE TO LAY READ, OR GREET  
 AT 507-263-3042 OR E-MAIL: firstenglishchurchcf@gmail.com  
 felccf@frontiernet.net**

# CYBER SALT

## Layman's 10 Commandments.

1. Prayer is not a "spare wheel" that you pull out when in trouble, but it is a "steering wheel" that directs the right path throughout life.
2. Why is a car's windshield so large & the rearview mirror so small? Because our PAST is not as important as our FUTURE. So, look ahead and move on.
3. Friendship is like a BOOK. It takes a few seconds to burn, but it takes years to write.
4. All things in life are temporary. If they are going well, enjoy them, they will not last forever. If they are going wrong, don't worry, they can't last long either.
5. Old friends are gold! New friends are diamond! If you get a diamond, don't forget the gold! To hold a diamond, you always need a base of gold!
6. Often when we lose hope and think this is the end, God smiles from above and says, "Relax, sweetheart; it's just a bend, not the end!"
7. When God solves your problems, you have faith in HIS abilities; when God doesn't solve your problems, He has faith in YOUR abilities.
8. A blind person asked St. Anthony: "Can there be anything worse than losing eye sight?" He replied: "Yes, losing your vision!"
9. When you pray for others, God listens to you and blesses them, and sometimes, when you are safe and happy, remember that someone has prayed for you.
10. Worrying does not take away tomorrow's troubles; it takes away today's PEACE.

## 92 YEAR OLD PREACHER

While watching a little TV on Sunday instead of going to church, I watched a church in Atlanta honoring one of its senior pastors who had been retired many years. He was 92 at that time and I wondered why the church even bothered to ask the old gentleman to preach at that age.

After a warm welcome, introduction of this speaker, and as the applause quieted down, he rose from his high back chair and walked slowly, with great effort and a sliding gait to the podium. Without a note or written paper of any kind he placed both hands on the pulpit to steady himself and then quietly and slowly he began to speak....

"When I was asked to come here today and talk to you, your pastor asked me to tell you what was the greatest lesson ever learned in my 50-odd years of preaching. I thought about it for a few days and boiled it down to just one thing that made the most difference in my life and sustained me through all my trials.. The one thing that I could always rely on when tears and heartbreak and pain and fear and sorrow paralyzed me...the only thing that would comfort was this verse..... .."

"Jesus loves me this I know.  
For the Bible tells me so.  
Little ones to Him belong,  
we are weak but He is strong.....  
Yes, Jesus loves me....  
The Bible tells me so."

The old pastor stated, "I always noticed that it was the adults who chose the children's hymn 'Jesus Loves Me' (for the children of course) during a hymn sing, and it was the adults who sang the loudest because I could see they knew it the best."

"Here for you now is a Senior version of Jesus Loves Me":

## JESUS LOVES ME

Jesus loves me, this I know,  
Though my hair is white as snow  
Though my sight is growing dim,  
Still He bids me trust in Him.

(CHORUS)  
YES, JESUS LOVES ME.. YES, JESUS LOVES ME..  
YES, JESUS LOVES ME, FOR THE BIBLE TELLS ME SO.

Though my steps are oh, so slow,  
With my hand in His I'll go  
On through life, let come what may,  
He'll be there to lead the way.  
(CHORUS)

When the nights are dark and long,

In my heart He puts a song..  
Telling me in words so clear,  
"Have no fear, for I am near."  
(CHORUS)

When my work on earth is done,  
And life's victories have been won.  
He will take me home above,  
Then I'll understand His love.  
(CHORUS)

I love Jesus, does He know?  
Have I ever told Him so?  
Jesus loves to hear me say,  
That I love Him every day.  
(CHORUS)

**BAPTISMS** Elizabeth Christine Tipton  
Sunday, Jan. 15, 2012

**FUNERALS** William Hanson  
Tues., Jan. 24, 2012

Helen Ohr  
Wed., Jan. 25, 2012

Anna Johnson  
Fri., Jan. 27, 2012

## WOMEN'S BIBLE STUDY SCHEDULE 2011-2012

THEME: TO FOLLOW AND SERVE: THE GOSPEL OF MARK

February Session 6: **Tough Questions**  
"Take heart; get up, he is calling you." Mark 10:49  
March Session 7: **Rising Expectations**  
"Heaven and earth will pass away, but my words will not pass away." Mark 13:31  
April Session 8: **A Wholly Different Week**  
"But after I am raised up, I will go before you to Galilee." Mark 14:28  
May Session 9: **Go and Tell**  
"Do not be alarmed; you are looking for Jesus Nazareth, who was crucified.  
He has been raised; he is not here." Mark 16:6

### CIRCLES MEET MONTHLY SEPTEMBER THROUGH MAY

RACHEL CIRCLE FIRST WEDNESDAY OF THE MONTH 9:30 A.M. AT CHURCH  
RUTH CIRCLE FIRST TUESDAY OF THE MONTH 7 P.M. AT PARK STREET COMMUNITY ROOM  
CIRCLES ALSO HOST AN ADVENT PARTY FOR WOMEN ON THE FIRST SUNDAY IN ADVENT.

**February Events** 8 & 10:30 a.m. Sunday Worship Services



# Lenten Schedule

Ash Wed., Feb. 22 - 2 & 7 p.m. Worship



Church worship services are shown on local cable channel 12 on Tuesday's at 11:00 a.m. and  
Saturday's at 4:30 p. m.

## February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:30 a.m. Rachel Circle 6:30 p.m. Confirmation & 6th gr. Wed. School	2 10:45 a.m. Communion at Angels <b>6:30 p.m. Exec. C. &amp; Food Shelf Board</b> <b>7:15 p.m. Foundation Board</b>	3	4 10 a.m.—Noon Food Shelf
5 8 & 10:30 a.m. Holy Communion Blood Pressure Checks & Coffee Fellowship 9:15 a.m. CROSS, Adult Forum, Choir Rehearsal <i>Baptism at 10:30 a.m.</i>	6 7 p.m. CV Choir Rehearsal	7 7 p.m. Ruth Circle at Park Street	8 6:30 p.m. Confirmation & 6th gr. Wed. School	9 8:30 a.m.—Noon WIC Clinic 10 a.m.—Noon Food Shelf <b>7 p.m. Church Council</b>	10	11
12 8 & 10:30 a.m. Worship & Coffee Fellowship 9:15 a.m. CROSS, Adult Forum, Choir Rehearsal <b>11:30 a.m. Worship &amp; Music Committee</b>	13 7 p.m. CV Choir Rehearsal & Chemical Health Initiative	14 10:15 a.m. Bible Study at Park Street 7 p.m. Grief Support Group	15 6:30 p.m. Confirmation & 6th gr. Wed. School <b>Deadline for Annual Reports</b>	16 9-11 a.m. Sewing at Church 4:30-6:30 p.m. Food Shelf	17	18 CHARIS Prison Ministry Weekend
19 8 & 10:30 a.m. Holy Communion Coffee Fellowship 9:15 a.m. CROSS, Adult Forum, Choir Rehearsal	20 7 p.m. CV Choir Rehearsal Noon—3 p.m. CHARIS Prison Ministry -closing	21 10:15 a.m. Bible Study at Park	22 <b>ASH WEDNESDAY</b> 2 & 7 p.m. Worship Coffee Fellowship after 2 p.m. 5:45-6:30 p.m. Youth Serving Pancake Supper 8 p.m. Praise Team Rehearsal <b>NEWSLETTER DEADLINE</b>	23 10 a.m.—Noon Food Shelf	24 2:30 p.m. Communion at Park Street	25
26 8 & 10:30 a.m. Worship: Coffee Fellowship 9:15 a.m. CROSS, Adult Forum <b>Noon Church Basement Ladies Trip</b>	27 7 p.m. CV Choir Rehearsal	28 10:15 a.m. Bible Study at Park 4 p.m. Women's Bible Study Leaders	29 <b>6 p.m. Lenten Worship &amp; Soup Supper</b>	<i>March 1</i> 10:45 a.m. Communion at Angels <b>6:30 p.m. Exec. C.</b>	2 World Day of Prayer	3 10 a.m.—Noon Food Shelf

4	8 & 10:30 a.m. Holy Communion Blood Pressure Checks & Coffee Fellowship 9:15 a.m. CROSS, Adult Forum, Choir Rehearsal <i>Baptism at 10:30</i>	5	7 p.m. CV Choir Rehearsal	6	7 p.m. Ruth Circle at Park Street	7	9:30 a.m. Rachel Circle <b>6 p.m. Lenten Worship &amp; Soup Supper</b>	9	8:30 a.m.— Noon WIC Clinic 10 a.m.—Noon Food Shelf <b>7 p.m. Church Council</b>	9		10	
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**Senior Pastor:** Phil Ruud

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**Associate Pastor:** Dan Forsgren

[dforsgren001@luthersem.edu](mailto:dforsgren001@luthersem.edu)

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Website: <http://firstenglishchurch.com/>

## **CHURCH COUNCIL**

Royce Anderson— Vice President

651-278-2193

Glenn Aronson 298-0102

Karen Coakley 263-4305

Ron Clow 263-9199

Steve Gesme 263-3822

Mark Grosland 263-0653

Jeff Hommedahl 263-4607

Tom Shorter—President

263-5284

Jeff Tipton 651-258-4221

Melissa Thomas—Secretary

507-302-9395

Dawn Woodward 263-5905

## **FOUNDATION BOARD**

Dennis Brekken 263-3636

Teri Kusilek, Secy. 263-2161

Greg Miller 263-5427

Randy Nelson, Pres. 263-5331

Roger Flaten 651-206-2151

Fred Vagts—V. P. 263-0307

## **STAFF CONTACTS**

**Treasurer:** Karen Anderson

**Organist, Praise Team, The Band**

**& Brass Choir:** Richard Collman

**Choir Dir.:** Mary Jill Duncan

**Custodian:** Cindy Lund

**Parish Nurse:** Betty Nelson

**Prayer Chain Coordinators:**

Marcine Lundell 263-9146

Marlys Weber 263-2737

**Food Shelf Coordinator:** Anne Harty

**Financial Sec.:** Lynette Pagel

**Data Entry Spec.:** Kay Ellingson

**Office Vol.:** Thelma Peterson

**Counters:** Kathy Niebeling, Chris Pofahl,  
Cindy Husaby

**Funeral Coordinators:** Jeanette Sutherland  
& Dar Qualle

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